

**ALLERGY CANADA LTD**

10 Royal Orchard Blvd., Ste. 53102 Thornhill, ON L3T 7R9
 Facsimile: 905-763-7120 or 1-866-440-7683

ORDER BY: Mail, Fax

Email: orders@allergycanada.com
 On Line: www.allergycanada.com

Name Doctor.....

Address..... Phone ().....

City ProvPostal Code - VISA MC - - Expiry / Cheque or Money Order Enclosed Signature**DUST MITE PROOF ENCASINGS** (Enter number needed for each item in the "#" box)

	LEVEL 1 - ECONOMY			LEVEL 2 - STANDARD			LEVEL 3 - PREMIUM			
MATTRESS	Price	#	Amount	Price	#	Amount	Price	#	Amount	Total
Twin	74.95			82.95			139.95			
Long twin	79.95			87.95			150.95			
Double	85.95			93.95			167.95			
Queen	101.95			109.95			188.95			
King	123.95			131.95			236.95			
Twin 12**	N/A			97.95			166.95			
Long twin 12**	N/A			102.95			171.95			
Double 12**	N/A			108.95			182.95			
Queen 12**	N/A			117.95			214.95			
King 12**	N/A			139.95			267.95			
PILLOW										
Standard	17.95			19.95			27.95			
Queen	19.95			21.95			30.95			
King	21.95			23.95			38.95			
DUVET										
Twin	N/A			99.95			248.95			
D/Q	N/A			149.95			292.95			
King	N/A			179.95			319.95			

*Also available in 15" & 18" deep (special order, contact Allergy Canada.)

A percentage of our sales are donated to
 Asthma and Allergy Research and Education.

Shipping & Handling Costs

\$0 - \$200.....**\$10.00** \$201 - \$400.....**\$16.00** Over \$400.....**\$22.00**

TOTAL AMOUNT _____

SHIPPING / _____

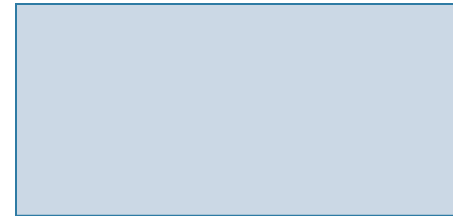
HANDLING _____

6% G.S.T. _____

TOTAL _____

PAYMENT _____

1) Simpson A, Custovic A. The role of allergen avoidance in the secondary prevention of atopic disorders. *Current Opinion in Allergy & Clinical Immunology*, 5(3): 223-7, June 2005.
 2) Haimetbauer G, Garmer C, Scheier M, et al. SPACE Collaborative Study Team. Study on the prevention of allergy in children in Europe: allergic sensitization at 1 year of age in a controlled trial of allergen avoidance from birth. *Pediatric Allergy & Immunology*, 14(1):10-7, Feb 2003.
 3) Schonberger HJ, Maas T, Dompeling E, et al. Compliance of asthmatic families with a primary prevention programme of asthma and effectiveness of measures to reduce inhaled allergens-a randomized trial. *Clinical & Experimental Allergy*, 34(7): 1024-31, July 2004.
 4) Joseph KE, Adams CD. Providing dust mite-proof covers improves adherence to dust mite control measures in children with mite allergy and asthma. *Annals of Allergy, Asthma, & Immunology*, 90(5): 550-3, 2003. 5) Holm L, Bengtsson A, van Hage-Hamsten M, et al. Effectiveness of occlusive bedding in the treatment of atopic dermatitis-a placebo-controlled trial of 12 months' duration. *Allergy*, 56(2):152-8, Feb 2001. 6) Korsgaard J, Harving H. House-dust mites and summer cottages. *Allergy*, 60(9):1200-3, 2005. 7) Sheikh A, Hurwitz B. House dust mite avoidance measures for perennial allergic rhinitis. *The Cochrane Database of Systematic Reviews*. Vol. 1, 2006. 8) Simpson A, Simpson B, Custovic A, et al. Stringent environmental control in pregnancy and early life: the long-term effects on mite, cat and dog allergen. *Clinical and Experimental Allergy*, 33(9): 1183-9, Sept. 2003. 9) Holten S, Host A, Nikkrossen U, et al. Effect of mattress and pillow encasings on children with asthma and house dust mite allergy. *Journal of Allergy & Clinical Immunology*, 111(1): 169-76, June 2003. 10) Paul K, Kietzke U, Wahn U. The combined influence of immunotherapy and mite allergen reduction on bronchial hyperresponsiveness in mite-sensitive asthmatic children. *European Journal of Pediatrics*, 157(2):109-13, 1998. 11) Rijssenbeek-Nouwens LH, Oosting AJ, De Monchy JG, et al. The effect of anti-allergic mattress encasings on house dust mite-induced early- and late- airway reactions in asthmatic patients. A double-blind, placebo-controlled study. *Clinical & Experimental Allergy*, 32(1):117-25, Jan. 2002.



Referring source stamp

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 Thornhill, Ontario L3T 7R9

Telephone: 905-763-6642**Facsimile: 905-763-7120****Email: orders@allergycanada.com****www.allergycanada.com**

DUST MITE ALLERGIES

Proven Relief from

ALLERGY CANADA LTD

THE UNSEEN ENEMY

Dust mites feed on dead skin. They thrive in warm, humid, dark places: bedding, carpets, upholstery, clothing and automobile seats. Mites increase rapidly with a 30 day lifecycle and there are about 18,000 in one gram of dust. People become allergic to the lightweight airborne mite parts and feces.

LIVING WITH HOUSE DUST ALLERGY

House Dust Mite is the most important allergy associated with ASTHMA^{1,3} and trigger year-round itchy, watery eyes, runny and stuffy nose, wheezing, sneezing, and coughing for allergy sufferers. Symptoms can be eliminated by dust-mite proofing your home^{4,5} and cottage⁶, especially the bedrooms⁷;

Dust mite proof encasings substantially reduce the levels of dust mites in the long term⁸ and reduce allergy sufferers' use of inhaled steroids⁹, reduce eczema severity³, and prevent increases in allergen sensitivity¹.

CHILDREN WITH ASTHMA

House Dust and Children with Asthma

Dust mite encasings for children improve asthma control¹. Children who used mattress and pillow encasings and whose rooms were free of "dust collectors" showed dramatic improvements compared to uncontrolled environments¹.

New parents!

For newborns at allergic risk sensitization to allergens could be effectively decreased through the use of these encasings².

STEPS TO MITE REDUCTION

1. Place zippered, airtight **Allergy Canada** encasings on pillows, mattresses and box springs.
2. Clean thoroughly on a regular basis. Vacuum frequently using a true HEPA vacuum or central vacuum system and dust with a damp or oiled cloth.
3. Remove carpets and pads. Use washable scatter rugs.
4. Avoid comforters or chenille bedspreads. Use washable bedding and wash in very hot water every week to ten days.
5. Avoid Venetian blinds, miniblinds and heavy drapes. Use washable curtains and window shades.
6. Keep closet doors closed. Avoid clothes scatter.
7. Eliminate stuffed animals. Replace with washable plastic or inflatable vinyl toys.
8. Use enclosed bookcases and curio cabinets instead of open shelves.
9. Use easily cleaned decorations such as framed pictures instead of dried flower arrangements and wall hangings. Have fewer knick-knacks.
10. Avoid overstuffed, upholstered furniture.
11. Place a filter or cheesecloth under the faceplate of bedroom heating vents. Change or clean air conditioner and furnace filters often.
12. Never allow pets in the bedroom.
13. Keep humidity at 50% or less.
14. Wear a dust mask while cleaning if you are allergic.

ELIMINATING DUST MITES

Cleaning your home is important, yet cleaning methods such as sweeping, vacuuming, and dusting can actually increase dust levels in the air.

While pillows and mattresses cannot be cleaned effectively to eliminate mites, mite and pet allergens on mattresses are reduced significantly by anti-mite encasings.¹¹ Allergy Canada pillow and mattress encasings can reduce mite populations by excluding them from your environment.

DURABLE AND COMFORTABLE ZIPPERED PILLOW, MATTRESS & BOX SPRING ENCASINGS

Allergy sufferers do not have to sacrifice comfort for an effective dust-proof barrier. With **Allergy Canada** products, you can have both protection and comfort.

The tough, two-ply knitted, full mattress protectors have an enclosed zippered edge, and while waterproof and dust mite impermeable, **Allergy Canada's** deluxe covers have a soft fabric-like feel.

Allergy Canada dust-mite proof mattress and pillow encasings are manufactured under strict control, with premium quality materials, special anti-tear lockstitch construction and washable zippers that will not corrode or rust.

Allergy Canada encasings are the ONLY products we know that have been rigorously **TESTED** and **PROVEN TO BE DUST MITE PROOF**.

To extend the life of the covers, protect against excessive heat. All products are guaranteed against manufacturer's defects for three years.

Encasings should be changed every three years.

3 LEVELS OF PROTECTION

Your bed is home to millions of dust mites and going to sleep every night exposes you to a large source of allergy-causing particles. When you move at night during sleep, your body disperses allergens into the air and you inhale them into your nose and lungs. Encasing your pillow, mattress and box spring are important steps towards allergy relief and a cleaner sleeping environment.

Level 1 - ECONOMY An economical choice for effective allergen avoidance. The breathable membrane moves perspiration away from the body 5-10 times faster than other membranes and is topped with a layer of Tricot fabric to add softness, keeping one cool and comfortable in sleep. Outperforms typical urethane encasings in both allergen protection and comfort. Hot water washable, air dry. All encasings have the recommended 3 year guarantee. Simply zip the encasing over the mattress and place bed linens on top.

Level 2 - STANDARD High quality encasings which provide a soft barrier fabric with a comfortable cotton-like feel. Simply machine wash and dry once a year. This product will act as an effective allergen barrier encasing that zips around the mattress to contain allergens and provides a healthy, restful night's sleep. These encasings bring relief to dust mite allergy sufferers, and act more effectively than basic protection against dust mites and their allergen particles.

Level 3 - PREMIUM The ultimate in allergy protection, these fine cotton-like linens give luxurious feeling and are breathable, providing complete protection as they create a barrier between you and offending allergens. These are the most advanced allergy encasings, with a mean pore size of 2.5 microns or less.